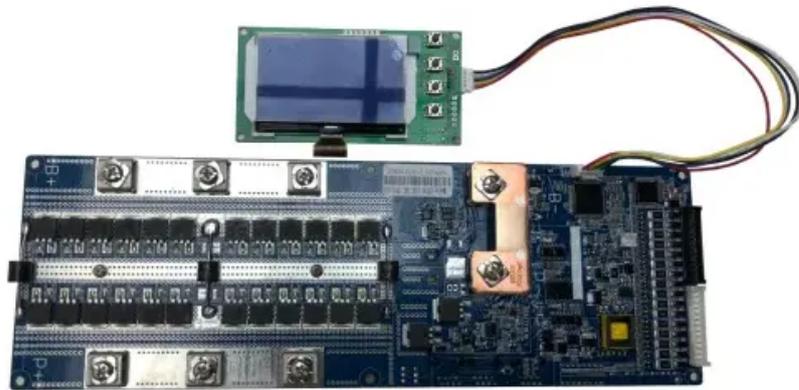


## ContainerPower Energy Solutions

# Solar Megawatts Kilowatt-hours



## Overview

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One megawatt equals 1,000 kilowatts or 1 million watts; the same conversion applies to megawatt-hours and kilowatt-hours. Thus, if a 1,000-watt (1 kW) microwave is left running for 41.6 days straight, it would use up one megawatt-hour (MWh) of energy (1,000 watts/24 hours per day = 41.6 days).

## Solar Megawatts Kilowatt-hours

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